

CPD Event

Invitation

Date

Tuesday, 11th August 2026

Time

6.30pm to 8.30pm

Venue

Auditorium
Dubbo RSL Club
178 Brisbane Street,
Dubbo NSW 2830

Target audience

GP Registrars, GPs, Practice Nurses, Residential Aged Care & all health professionals with an interest in this topic are encouraged to attend.

Contact

Meredith Schaerf
e meredith.schaerf@wnswphn.org.au
m 0417878069

Kate Astill
e kate.astill@wnswphn.org.au
m 0472781528

Accreditation



Activity Reference: 1601819

Format



F2F – dinner provided

RSVP

COB 7th August 2026

Event Photography, Footage & Recording

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Older Persons Mental Health: Practical Tools & Local Pathways

Presenter/s

Dr Lindsay Ayerst

M Psychiatry, FRANZCP

Panel from WNSW LHD Older Person's Mental Health, WNSW LHD and Residential Aged Care Homes

This activity supports GPs and aged care staff to deliver evidence based mental health care for older people in residential aged care. It focuses on applying practical management strategies and strengthening multidisciplinary collaboration between GPs and RACH staff. The activity also covers local referral pathways and available supports, including WNSW LHD Older People's Mental Health services, to enable timely, coordinated care.

In partnership with WNSW LHD Older Persons Mental Health Service, this session includes a Psycho geriatrician presentation followed by a panel discussion, with plenty of opportunity to hear practical, real-world insights and connect with local clinicians.

Program

6.30pm Registration/Dinner (*provided*)

6.55pm Welcome

7.00pm Education Session

7.30pm Panel Q&A and Interactive discussion

8.30pm Evaluation & Close

Learning Outcomes (TBC)

- Identify common mental health presentations in older people using key clinical features
- Apply practical, person-centred approaches to managing mental health concerns in older people
- Demonstrate effective communication between multidisciplinary teams in aged care.
- Identify relevant pathways and resources to support continuity of care and appropriate referral.

In partnership with: