

## CPD Event

### Invitation

### Date

Wednesday, 29<sup>th</sup> July 2026

### Time

6.30pm to 8.30pm

### Venue

Courtyard Room  
Bathurst RSL Club  
114 Rankin Street,  
Bathurst NSW 2795

### Target audience

GP Registrars, GPs, Practice Nurses, Residential Aged Care & all health professionals with an interest in this topic are encouraged to attend.

### Contact

Meredith Schaerf

**e** meredith.schaerf@wnswphn.org.au

**m** 0417878069

Kate Astill

**e** kate.astill@wnswphn.org.au

**m** 0472781528

### Accreditation



Activity Reference: 1601819

### Format



F2F – dinner provided

**RSVP**

COB 24<sup>th</sup> July 2026

### Event Photography, Footage & Recording

By attending this event, you agree to being photographed and/or recorded by WNSW PHN and identified partners. Any photographic and recorded material may then be used for online, social media, marketing, promotional and reporting purposes. If you do not consent to your image(s) or voice being recorded or shared, please email [cpd@wnswphn.org.au](mailto:cpd@wnswphn.org.au)

To **REGISTER** please [CLICK HERE](#)

or scan QR code



NB: A recording of the Dubbo event will be made available on the PHN website from late August 2026

## Older Persons Mental Health: Practical Tools & Local Pathways

### Presenter/s

**Dr Greg White**

MD, M Psychiatry, FRANZCP

### Panel from WNSW LHD Older Peoples Mental Health Team, WNSW LHD and Residential Aged Care Homes

This activity supports GPs and aged care staff to deliver evidence based mental health care for older people in residential aged care. It focuses on applying practical management strategies and strengthening multidisciplinary collaboration between GPs and RACH staff. The activity also covers local referral pathways and available supports, to enable timely, coordinated care.

*In partnership with WNSW LHD Older Peoples Mental Health Service, this session includes a Psycho geriatrician presentation followed by a panel discussion, with plenty of opportunity to hear practical, real-world insights and connect with local clinicians.*

### Program

**6.30pm** Registration/Dinner (*provided*)

**6.55pm** Welcome

**7.00pm** Education Session

**7.30pm** Panel Q&A and Interactive discussion

**8.30pm** Evaluation & Close

### Learning Outcomes (TBC)

- Identify common mental health presentations in older people using key clinical features
- Apply practical, person-centred approaches to managing mental health concerns in older people
- Demonstrate effective communication between multidisciplinary teams in aged care.
- Identify relevant pathways and resources to support continuity of care and appropriate referral.

In partnership with:



Western NSW  
Local Health District