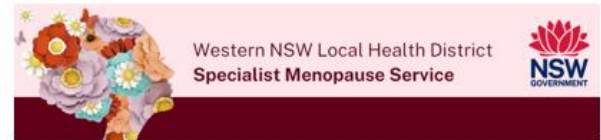


WNSW PHN CPD Event

GP Masterclass

Invitation



Date

Tuesday, 23rd June 2026

Time

7.00pm to 8.00pm

Venue

Online via Zoom

Target audience

This is a GP & Registrar focused education activity. However, all health professionals with an interest in this topic are encouraged to attend, including Nurses, Aboriginal Health Professionals, Pharmacists, Medical Students and Allied Health Professionals.

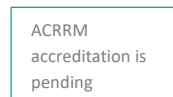
Contact

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Accreditation



Activity Reference: 1575988



Optional 1hr post measuring outcomes activity reference:
(Pending)

Format



Zoom Webinar

RSVP

COB 22nd June 2026

Event Photography, Footage & Recording

By attending this event, you agree to being recorded by WNSW PHN and identified partners. Any recorded material may then be used for online, social media, marketing, promotional and reporting purposes. If you do not consent to your image(s) or voice being recorded or shared, please email cpd@wnswphn.org.au

Practical management of the 4 P's: PCOS, PMDD, Perimenopause, Periods

Presenter

Dr James Brown

**Clinical Co-Lead, South-West Specialist
Menopause Service**

Presented by Dr James Brown, this session is designed to enhance GPs' confidence in recognising the diverse symptoms associated with difficult and common gynaecological conditions: perimenopause, PMDD, PCOS and heavy periods. The session will cover the assessment, treatment and referral of these conditions in a practical and stepwise manner.

In addition, GPs will learn when and how to appropriately refer patients to the WNSWLHD Specialist Menopause Service for more complex care. This comprehensive update will support GPs in delivering holistic and informed care to women navigating challenging gynaecological presentations.

Program

7.00pm Education Session

7.45pm Q&A and Interactive discussion

8.00pm Evaluation & Close

Learning Outcomes

- Identify key features of perimenopause transition in general practice.
- Apply appropriate evidence-based treatment options for perimenopausal symptoms.
- Apply evidence-based treatment options for PMDD and know when to escalate
- Assess contraindications and manage common complexities when considering therapy.

To **REGISTER** please **CLICK HERE**
or scan QR code

