

Western NSW - NMHSPA Bilateral PHN Program

2022/23 - 2026/27

Activity Summary View



NAB-H2H - 3 - Head to Health - Adult Mental Health Centre and Satellite Network



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-H2H

Activity Number *

3

Activity Title *

Head to Health - Adult Mental Health Centre and Satellite Network

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

WNSW PHN will commission Head to Health Services across the Western NSW PHN region. These services aim to increase availability and access to appropriate mental health assessment, support and co-ordination of services within the region, while reducing stigma and reducing the amount of unnecessary mental health admissions.

This activity aims to improve targeting of evidence based psychological interventions to most appropriately support people with, or at risk of, mild mental illness. The service provides a holistic approach to mental health, psychical health and the co-ordination of services for people who are seeking mental health support.

Description of Activity *

WNSW PHN will commission the co-design and establishment of locally tailored Head to Health Centre across the region, commencing with Dubbo and Bathurst

Each Head to Health service provides innovative models of care and will be tailored to the needs of our local community and offers a combination of peer-led recovery and clinical support to provide a warm, welcoming and high-quality experience including:

- Head to Health services aimed to ease the burden on the public hospital system and provide more accessible services to those needing mental health support, their carers and families.
- respond to people experiencing crisis or in significant distress.
- provide a central point to connect people to other services in the region, including offering information and advice about mental health, service navigation and referral pathways for individuals and their carers and family.
- provide in-house assessment using the IAR decisional support tool to connect people with the most appropriate services.
- provide evidence-based and evidence-informed immediate and short to medium term episodes of care, including utilisation of digital mental health platforms.
- Services will be delivered in a culturally safe way to increase accessibility for Aboriginal and Torres Strait Islander People.
- Services will be based on clinical judgement and individual need, including interventions to support those with associated AOD misuse.

This service will integrate with the national Head to Health intake and assessment phone service.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Health Workforce	115
Health systems and coordination	107
Service access	84



Activity Demographics

Target Population Cohort

Adults and the families, friends or carers who require further mental health support. The cohort of individuals will be low – medium risk or in mental health crisis, who require education, advice or mental health and well-being support and / or referrals to appropriate services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Bathurst	10301
Dubbo	10503



Activity Consultation and Collaboration

Consultation

Community consultations will be led by the successful service provider in partnership with WNSW PHN and Western NSW LHD . Ongoing collaborations will be completed with both Western NSW clinical and community advisory councils and our Aboriginal Health Council.

Consultation has already been undertaken with stakeholders such as Western LHD (Partner), Lived Experience MHLEEN network, WNSW PHN Executive Manager Aboriginal Health and Wellbeing, other PHNs which already have established centres and satellites, local council and local services

Collaboration

Collaboration with consumers, carers and community to ensure the stepped care model is embedded. Collaboration and integration with current service providers including the Local Health District.

As per the bilateral agreement WNSW PHN will undertake the following collaboration steps:

- work with our Local Health District to develop protocols for appropriate care integration and seamless transfer of patients when needed;
- liaise with key primary care services, public and private hospitals, General Practitioner clinics, Aboriginal Community Controlled Health Services and non-Government and community organisations including consumer and carer representative groups or lived experience representatives to establish and operate centres and satellites; and
- integrate with the national Head to Health intake and assessment phone service.



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

30/12/2026

Service Delivery Start Date

June 2024

Service Delivery End Date

30 June 2026

Other Relevant Milestones

NA



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

As per our standard decommissioning processes, services will be decommissioned six month prior to the cessation of funding.

Co-design or co-commissioning comments

na



NAB-UAS - 1 - Universal Aftercare Service



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-UAS

Activity Number *

1

Activity Title *

Universal Aftercare Service

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description**Aim of Activity ***

To further develop and integrate sustainable, collaborative care for those experiencing suicidal ideation, crisis or have had a suicide attempt.

The WNSW PHN will base their activity on the principles of the Universal Aftercare Model through implementation and integration of new suicide interventions (Prevention, Post-vention and Aftercare services) across both the Far West LHD and WNSW LHD.

WNSW PHN region will utilise place-based care, and embed the good care principles and ensure services within our district are accessible, sustainable and responsive and adaptable to community need.

Description of Activity *

WNSW PHN will ensure that all Universal Aftercare services are in line with the draft principles of Good Aftercare.

WNSW PHN will continue to commission, the existing aftercare service in Broken Hill, and will transition this services, plus additional services under the new Universal Aftercare Framework.

The Way-Back model will be extended and modernised to reach other LGAs within the Western NSW District to ensure care is Universally available.

WNSW PHN work with commissioned providers, AMS' and LHDs to establish and deliver innovative, evidence based training and services which are informed by best-practice suicide prevention/post-vention knowledge and practices for both clinical and non-clinical mental health support services.

All services, where practicable will be designed and have input based from people who have a lived experience (living experience of suicide and suicidal crisis, people who have attempted suicide, carers for those who are or have been suicidal and those bereaved by suicide)

WNSW PHN will also seek to co-commission new and innovative services, under the Universal Aftercare framework which will aim to increase help-seeking behaviours promoting a recovery and strength-based model, which is reactive to need and accessible ensuring individuals are able to obtain the help they need, including clinical, psychosocial and physical wellbeing.

Other activity under the Universal Aftercare will build collaborative relationships and momentum with key stakeholders, in joint regional planning and commissioning activities. Including finalising, the WNSW Regional Mental Health, Alcohol and other Drugs and Suicide Prevention Plan 2024-2026, ensuring opportunities to co-commission with LHD, local business and other service providers to make the Universal Aftercare model accessible in hard to reach areas, within our geographical spread.

The PHN will also liaise and collaborate with LHDs, other state commissioning bodies and regional stakeholders to achieve mental health reform, innovative principles and practices which support the integration of services, improving care pathways and reducing system fragmentation, inefficiencies, gaps and duplication

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Health Workforce	115
Service access	84



Activity Demographics

Target Population Cohort

Universal aftercare will support individuals following a suicide attempt and/or suicidal crisis; as well as their families, friends, community, and carers – All ages.

Additionally, these service will be available to people who suffered from a chronic and enduring mental illness, plus those who are but not limited to including Indigenous, Males, Post-natal Depression, Homeless, People who work in mining and agriculture, People who have recently suffered a impacting life event such as a trauma, grief, or relationship breakdown, youth, People bereaved by suicide, PTSD, veterans and LGBTQIA+ in an effort to reduce suicide attempts and ensure accessible prevention, post-vention and after care is available.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Orange	10304
Broken Hill and Far West	10502



Activity Consultation and Collaboration

Consultation

Roses in the Ocean Community Collaboration; Roses in the Ocean Universal Co-design session; WNSW PHN NSW Service Provider Forums; WNSW PHN Suicide Prevention Forum (October, 2023); Local NGOs, community service providers and other community services (I.e football clubs, employees); LHDs (Western NSW & Far Western); Beyond Blue; Ministry of Health; Commonwealth Department of Health and Aged Care.

Collaboration

WNSW PHN will collaborate with the community, Western NSW LHD and Far West LHD, Mission Australia (current provider), and other stakeholders as necessary to ensure the best levels of service delivery and engagement throughout the life of the initiative.



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

30/12/2026

Service Delivery Start Date

December 2024

Service Delivery End Date

30 June 2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: Yes

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

As per standard WNSW PHN, decommissioning will formally commence six months prior to the cessation of program funding.

Co-design or co-commissioning comments



NAB-HE - 2 - headspace Enhancement - Bathurst



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

headspace Enhancement - Bathurst

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The enhancement of the headspace enhancement activity is to increase access to coordinated, multi-disciplinary care for cohorts of young people through existing headspace centres.

Description of Activity *

WNSW PHN will support the enhancement of local headspace services through the provision of additional core funding to Bathurst headspace centre.

Needs Assessment Priorities ***Needs Assessment**

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Health Workforce	115
Health systems and coordination	107
Alcohol & drug abuse	59
Service access	84



Activity Demographics

Target Population Cohort

Young people aged between 12-25 years.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Bathurst	10301



Activity Consultation and Collaboration

Consultation

headspace National, existing service provider, Western NSW LHD.

Collaboration

NA



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

30/12/2026

Service Delivery Start Date

September 2023

Service Delivery End Date

30 June 2026

Other Relevant Milestones

NA

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No**Continuing Service Provider / Contract Extension:** No**Direct Engagement:** No**Open Tender:** No**Expression Of Interest (EOI):** No**Other Approach (please provide details):** Yes**Is this activity being co-designed?**

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na



NAB-HE - 2 - headspace Enhancement - Orange



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

headspace Enhancement - Orange

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The enhancement of the headspace enhancement activity is to increase access to coordinated, multi-disciplinary care for cohorts of young people through existing headspace centres.

Description of Activity *

WNSW PHN will support the enhancement of local headspace services through the provision of additional core funding to the Orange headspace centre.

Needs Assessment Priorities ***Needs Assessment**

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Health Workforce	115
Health systems and coordination	107
Alcohol & drug abuse	59
Service access	84



Activity Demographics

Target Population Cohort

Young people aged between 12-25 years.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Orange	10304



Activity Consultation and Collaboration

Consultation

headspace National, existing service provider, Western NSW LHD.

Collaboration

NA



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

30/12/2026

Service Delivery Start Date

September 2023

Service Delivery End Date

30 June 2026

Other Relevant Milestones

NA

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na



NAB-HE - 2 - headspace Enhancement - Broken Hill



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

headspace Enhancement - Broken Hill

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The enhancement of the headspace enhancement activity is to increase access to coordinated, multi-disciplinary care for cohorts of young people through existing headspace centres.

Description of Activity *

WNSW PHN will support the enhancement of local headspace services through the provision of additional core funding to the Broken Hill centre.

Needs Assessment Priorities ***Needs Assessment**

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Health Workforce	115
Health systems and coordination	107
Alcohol & drug abuse	59
Service access	84



Activity Demographics

Target Population Cohort

Young people aged between 12-25 years.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Broken Hill and Far West	10502



Activity Consultation and Collaboration

Consultation

headspace National, existing service provider, Far West LHD.

Collaboration

NA



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

30/12/2026

Service Delivery Start Date

September 2023

Service Delivery End Date

30 June 2026

Other Relevant Milestones

NA

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No**Continuing Service Provider / Contract Extension:** No**Direct Engagement:** No**Open Tender:** No**Expression Of Interest (EOI):** No**Other Approach (please provide details):** Yes**Is this activity being co-designed?**

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No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na



NAB-HE - 2 - headspace Enhancement - Dubbo



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

headspace Enhancement - Dubbo

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The enhancement of the headspace enhancement activity is to increase access to coordinated, multi-disciplinary care for cohorts of young people through existing headspace centres.

Description of Activity *

WNSW PHN will support the enhancement of local headspace services through the provision of additional core funding to the Dubbo headspace centre.

Needs Assessment Priorities ***Needs Assessment**

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Health Workforce	115
Health systems and coordination	107
Alcohol & drug abuse	59
Service access	84



Activity Demographics

Target Population Cohort

Young people aged between 12-25 years.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Dubbo	10503



Activity Consultation and Collaboration

Consultation

headspace National, existing service providers WNSW LHD.

Collaboration

NA



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

30/12/2026

Service Delivery Start Date

September 2023

Service Delivery End Date

30 June 2026

Other Relevant Milestones

NA

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No**Continuing Service Provider / Contract Extension:** No**Direct Engagement:** No**Open Tender:** No**Expression Of Interest (EOI):** No**Other Approach (please provide details):** Yes**Is this activity being co-designed?**

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na