

Western NSW - NMHSPA Bilateral PHN Program

2023/24 - 2027/28

Activity Summary View



NAB-H2H - 3 - Head to Health - Adult Mental Health Centre and Satellite Network



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-H2H

Activity Number *

3

Activity Title *

Head to Health - Adult Mental Health Centre and Satellite Network

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

WNSW PHN will commission Head to Health Services across the Western NSW PHN region. These services aim to increase availability and access to appropriate mental health assessment, support and co-ordination of services within the region, while reducing stigma and reducing the amount of unnecessary mental health admissions.

This activity aims to improve targeting of evidence based psychological interventions to most appropriately support people with, or at risk of, mild mental illness. The service provides a holistic approach to mental health, psychical health and the co-ordination of services for people who are seeking mental health support.

Description of Activity *

WNSW PHN will commission the co-design and establishment of locally tailored Head to Health Centre across the region, commencing with Dubbo and Bathurst

Each Head to Health service provides innovative models of care and will be tailored to the needs of our local community and offers a combination of peer-led recovery and clinical support to provide a warm, welcoming and high-quality experience including:

- Head to Health services aimed to ease the burden on the public hospital system and provide more accessible services to those needing mental health support, their carers and families.
- respond to people experiencing crisis or in significant distress.
- provide a central point to connect people to other services in the region, including offering information and advice about mental health, service navigation and referral pathways for individuals and their carers and family.
- provide in-house assessment using the IAR decisional support tool to connect people with the most appropriate services.
- provide evidence-based and evidence-informed immediate and short to medium term episodes of care, including utilisation of digital mental health platforms.
- Services will be delivered in a culturally safe way to increase accessibility for Aboriginal and Torres Strait Islander People.
- Services will be based on clinical judgement and individual need, including interventions to support those with associated AOD misuse.

This service will integrate with the national Head to Health intake and assessment phone service.

Needs Assessment Priorities *

Needs Assessment

WNSW PHN - Health Needs Assessment - 2024/25 to 2026/27

Priorities

Priority	Page reference
First Nations people require greater support to access appropriate psychiatric services in the community to meet the needs of complex mental health and wellbeing	191
First Nation communities require greater support to improve mental health and wellbeing and reduce suicide rates, reduce alcohol use and reduce grief/loss cycles	191
People who experience mild to moderate mental health conditions require greater support to manage their health in the community to reduce their reliance on ED for care	193
A reduction in suicide rates is needed in WNSW PHN to reduce the disparity between WNSW PHN and other regions nationally	201
A reduction in rates of all cause hospitalisations and potentially preventable hospitalisations for First Nations people to reduce the disparity in health outcomes for First Nations people in region	66
Care coordination, shared care, information sharing and integration of services needs to occur to allow patients to move between services, particularly to meet the needs of First Nations People	265



Activity Demographics

Target Population Cohort

Adults and the families, friends or carers who require further mental health support. The cohort of individuals will be low – medium risk or in mental health crisis, who require education, advice or mental health and well-being support and / or referrals to appropriate services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Bathurst	10301
Dubbo	10503



Activity Consultation and Collaboration

Consultation

Community consultations will be led by the successful service provider in partnership with WNSW PHN and Western NSW LHD. Ongoing collaborations will be completed with both Western NSW clinical and community advisory councils and our Aboriginal Health Council.

Consultation has already been undertaken with stakeholders such as Western LHD (Partner), Lived Experience MHLEEN network, WNSW PHN Executive Manager Aboriginal Health and Wellbeing, other PHNs which already have established centres and satellites, local council and local services

Collaboration

Collaboration with consumers, carers and community to ensure the stepped care model is embedded. Collaboration and integration with current service providers including the Local Health District.

As per the bilateral agreement WNSW PHN will undertake the following collaboration steps:

- work with our Local Health District to develop protocols for appropriate care integration and seamless transfer of patients when needed;
- liaise with key primary care services, public and private hospitals, General Practitioner clinics, Aboriginal Community Controlled Health Services and non-Government and community organisations including consumer and carer

representative groups or lived experience representatives to establish and operate centres and satellites; and

- integrate with the national Head to Health intake and assessment phone service.



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/06/2024

Service Delivery End Date

30/06/2026

Other Relevant Milestones

NA



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

As per our standard decommissioning processes, services will be decommissioned six month prior to the cessation of funding.

Co-design or co-commissioning comments

na





NAB-UAS - 1 - Universal Aftercare Service



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-UAS

Activity Number *

1

Activity Title *

Universal Aftercare Service

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description**Aim of Activity ***

To further develop and integrate sustainable, collaborative care for those experiencing suicidal ideation, crisis or have had a suicide attempt.

The WNSW PHN will base their activity on the principles of the Universal Aftercare Model through implementation and integration of new suicide interventions (Prevention, Post-vention and Aftercare services) across both the Far West LHD and WNSW LHD.

WNSW PHN region will utilise place-based care and embed recommendations as provided by the Clinical Agency of Innovation regarding best practice in Universal Aftercare.

Description of Activity *

The Western NSW PHN will commission a local service to deliver The Way Back NSW (TWB NSW), formerly known as The Way Back Support Service. The program aims to reduce the risk of further suicidal behaviour for individuals who have experienced a suicidal crisis or who have attempted suicide.

The key purpose of The Way Back is for the person to reestablish a meaningful life through redeveloping important relationships and purposeful connections they may have lost with their community. Rediscovering a sense of purpose, reestablishing interests and passions in life, and reducing feelings of being a burden are critical for aftercare's effectiveness.

WNSW PHN will continue to commission, the existing aftercare service in Broken Hill, and will transition this services, plus additional services under the new Universal Aftercare Framework.

Needs Assessment Priorities *

Needs Assessment

WNSW PHN - Health Needs Assessment - 2024/25 to 2026/27

Priorities

Priority	Page reference
First Nation communities require greater support to improve mental health and wellbeing and reduce suicide rates, reduce alcohol use and reduce grief/loss cycles	191
People who experience mild to moderate mental health conditions require greater support to manage their health in the community to reduce their reliance on ED for care	193
A reduction in suicide rates is needed in WNSW PHN to reduce the disparity between WNSW PHN and other regions nationally	201
Care coordination, shared care, information sharing and integration of services needs to occur to allow patients to move between services, particularly to meet the needs of First Nations People	265



Activity Demographics

Target Population Cohort

- Persons having attempted suicide are the target clients for this service as this is the most significant risk factor for a suicide attempt.
- People who have or are experiencing a suicidal crisis.
- Immediately following a suicide attempt or suicidal crisis, which is the period that people are at highest risk.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

There were both formal and informal consultation regarding Universal Aftercare Service Design. Due to having a very prescribed model from the Ministry of Health, we are allowing the service provider to undertake their own targeted consultation regarding the model of care throughout our regions and communities.

Furthermore, the Agency of Clinical Innovation undertook the consultation with the following for the Service Design

- Expert Working Group members
- NSW Agency for Clinical Innovation
- Universal Aftercare Project Team – Agency for Clinical Innovation
- Aboriginal Health and Wellbeing Team – Agency for Clinical Innovation
- PHN Suicide Prevention Community of Practice
- NSW/ACT PHN Mental Health Network
- First Nations working group and Subject Matter Experts from organisations representatives.

Collaboration

WNSW PHN will collaborate with the community, Western NSW LHD and Far West LHD, our local ACCHO's, First Nations organisations and other stakeholders as necessary to ensure the best levels of service delivery and engagement throughout the life of the initiative.



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/12/2024

Service Delivery End Date

30/06/2026

Other Relevant Milestones

NA



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: Yes
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

Yes

Decommissioning

Yes

Decommissioning details?

Decommissioning will commence if the current provider is unsuccessful in their application for the latest tender to the market.

Co-design or co-commissioning comments



NAB-HE - 2 - headspace Enhancement - Bathurst



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

headspace Enhancement - Bathurst

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The enhancement of the headspace enhancement activity is to increase access to coordinated, multi-disciplinary care for cohorts of young people through existing headspace centres.

Description of Activity *

WNSW PHN will support the enhancement of local headspace services through the provision of additional core funding to Bathurst headspace centre.

Needs Assessment Priorities ***Needs Assessment**

WNSW PHN - Health Needs Assessment - 2024/25 to 2026/27

Priorities

Priority	Page reference
First Nations people require greater support to access appropriate psychiatric services in the community to meet the needs of complex mental health and wellbeing	191
Targeted programs in schools are required to support children and young people who are exposed to suicide to reduce trauma and grief from the high rates of suicide in small communities	232
People who experience mild to moderate mental health conditions require greater support to manage their health in the community to reduce their reliance on ED for care	193
A reduction in suicide rates is needed in WNSW PHN to reduce the disparity between WNSW PHN and other regions nationally	201



Activity Demographics

Target Population Cohort

Young people aged between 12-25 years.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Bathurst	10301



Activity Consultation and Collaboration

Consultation

headspace National, existing service provider, Western NSW LHD.

Collaboration

NA



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/09/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones

NA



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na



NAB-HE - 2 - headspace Enhancement - Orange



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

headspace Enhancement - Orange

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The enhancement of the headspace enhancement activity is to increase access to coordinated, multi-disciplinary care for cohorts of young people through existing headspace centres.

Description of Activity *

WNSW PHN will support the enhancement of local headspace services through the provision of additional core funding to the Orange headspace centre.

Needs Assessment Priorities ***Needs Assessment**

WNSW PHN - Health Needs Assessment - 2024/25 to 2026/27

Priorities

Priority	Page reference
First Nations people require greater support to access appropriate psychiatric services in the community to meet the needs of complex mental health and wellbeing	191
Targeted programs in schools are required to support children and young people who are exposed to suicide to reduce trauma and grief from the high rates of suicide in small communities	232
People who experience mild to moderate mental health conditions require greater support to manage their health in the community to reduce their reliance on ED for care	193
A reduction in suicide rates is needed in WNSW PHN to reduce the disparity between WNSW PHN and other regions nationally	201



Activity Demographics

Target Population Cohort

Young people aged between 12-25 years.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Orange	10304



Activity Consultation and Collaboration

Consultation

headspace National, existing service provider, Western NSW LHD.

Collaboration

NA



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/09/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones

NA



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na



NAB-HE - 2 - headspace Enhancement - Dubbo



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

headspace Enhancement - Dubbo

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The enhancement of the headspace enhancement activity is to increase access to coordinated, multi-disciplinary care for cohorts of young people through existing headspace centres.

Description of Activity *

WNSW PHN will support the enhancement of local headspace services through the provision of additional core funding to the Dubbo headspace centre.

Needs Assessment Priorities ***Needs Assessment**

WNSW PHN - Health Needs Assessment - 2024/25 to 2026/27

Priorities

Priority	Page reference
First Nations people require greater support to access appropriate psychiatric services in the community to meet the needs of complex mental health and wellbeing	191
Targeted programs in schools are required to support children and young people who are exposed to suicide to reduce trauma and grief from the high rates of suicide in small communities	232
People who experience mild to moderate mental health conditions require greater support to manage their health in the community to reduce their reliance on ED for care	193
A reduction in suicide rates is needed in WNSW PHN to reduce the disparity between WNSW PHN and other regions nationally	201



Activity Demographics

Target Population Cohort

Young people aged between 12-25 years.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Dubbo	10503



Activity Consultation and Collaboration

Consultation

headspace National, existing service providers WNSW LHD.

Collaboration

NA



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/09/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones

NA



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na



NAB-HE - 2 - headspace Enhancement - Broken Hill



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

headspace Enhancement - Broken Hill

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The enhancement of the headspace enhancement activity is to increase access to coordinated, multi-disciplinary care for cohorts of young people through existing headspace centres.

Description of Activity *

WNSW PHN will support the enhancement of local headspace services through the provision of additional core funding to the Broken Hill centre.

Needs Assessment Priorities ***Needs Assessment**

WNSW PHN - Health Needs Assessment - 2024/25 to 2026/27

Priorities

Priority	Page reference
First Nations people require greater support to access appropriate psychiatric services in the community to meet the needs of complex mental health and wellbeing	191
Targeted programs in schools are required to support children and young people who are exposed to suicide to reduce trauma and grief from the high rates of suicide in small communities	232
People who experience mild to moderate mental health conditions require greater support to manage their health in the community to reduce their reliance on ED for care	193
A reduction in suicide rates is needed in WNSW PHN to reduce the disparity between WNSW PHN and other regions nationally	201



Activity Demographics

Target Population Cohort

Young people aged between 12-25 years.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Broken Hill and Far West	10502



Activity Consultation and Collaboration

Consultation

headspace National, existing service provider, Far West LHD.

Collaboration

NA



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

1/09/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones

NA



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na
