

FAR WEST NSW PALLIATIVE APPROACH FRAMEWORK

Recommended Online Learning Modules

NSW HEALTH HEALTH EDUCATION & TRAINING INSTITUTE (HETI) MY HEALTH LEARNING ONLINE LEARNING MODULES		
COURSE:	AUDIENCE:	COURSE OBJECTIVES:
<p><u>Rural Generalist Nurse Program: Palliative Care</u> Course Code: 110913382 Duration: 30 Minutes</p>	<p>Mandatory:</p> <ul style="list-style-type: none"> • All RNs • EEN Palliative Approach Coordinators <p>Recommended:</p> <ul style="list-style-type: none"> • EENs and ENs 	<ul style="list-style-type: none"> • Apply the principles of therapeutic communication in a palliative care setting • Recognise and document the palliative care phase changes of a patient with a life-limiting illness • Identify treatment options that focus on the quality of life of a palliative care patient, in a rural and remote setting
<p><u>Rural Generalist Nurse Program: Aged Care</u> Course Code: 110914112 Duration: 30 Minutes</p>	<p>Recommended:</p> <ul style="list-style-type: none"> • RNs • EEN Palliative Approach Coordinators • EENs and ENs 	<ul style="list-style-type: none"> • Use a person-centred holistic approach to comprehensive assessment, which will maximise the health of the older person
<p><u>Person Centred Care</u> Course Code: 43392513 Duration: 30 Minutes</p> <p>Learning Path: Supporting Health Professionals in Advance Care Planning</p>	<p>Recommended:</p> <ul style="list-style-type: none"> • Medical Staff • RNs • EEN Palliative Approach Coordinators • EENs and ENs 	<ul style="list-style-type: none"> • Involve patients, families and carers in sharing information and decision making about their care • Draw learning from patients and carer's experience • Provide care that reflects the patient's preferences and values • Involve the patient and others to ensure continuity of care • Promote dignity and respect for the patient
<p><u>Effective Workplace Conversations</u> Course Code: 39832364 Duration: 30 Minutes</p> <p>Learning Path: Supporting Health Professionals in Advance Care Planning</p>	<p>Recommended:</p> <ul style="list-style-type: none"> • Medical Staff • RNs • EEN Palliative Approach Coordinators • EENs and ENs 	<ul style="list-style-type: none"> • Understand the value and purpose of effective workplace conversations • Better identify when and where to have effective workplace conversations • Be more prepared in undertaking effective workplace conversations • Apply a range of communication skills that support effective outcomes and bring about positive change in the workplace
<p><u>End of Life Supportive Care</u> Course Code: 69280181 Duration: 30 Minutes</p> <p>Learning Path: Supporting Health Professionals in Advance Care Planning</p>	<p>Mandatory:</p> <ul style="list-style-type: none"> • Medical Staff • All RNs • EEN Palliative Approach Coordinators <p>Recommended:</p> <ul style="list-style-type: none"> • EENs and ENs 	<ul style="list-style-type: none"> • Ensure that care of the dying person is managed with dignity and comfort and that their family and carers are supported • Address the requirements related to caring for a person during their last days of life including care plans, referrals, culture, religion, spirituality and organ and tissue donation • Identify and access support systems and services for yourself, other staff, relatives, carers and patients affected by a death
<p><u>Introduction to Advance Care Planning</u> Course Code: 39997722 Duration: 30 Minutes</p> <p>Learning Path: Supporting Health Professionals in Advance Care Planning</p>	<p>Mandatory:</p> <ul style="list-style-type: none"> • Medical Staff • All RNs • EEN Palliative Approach Coordinators <p>Recommended:</p> <ul style="list-style-type: none"> • EENs and ENs 	<ul style="list-style-type: none"> • Defining key terms used in advance care planning • Describing why advance care planning is important • Identifying the goals of the NSW Health Strategic Plan for Advance Care Planning for Quality Care at End of Life • Discussing the process for advance care planning • Locating resources available to assist in advance care planning

<p><u>Breaking Bad News</u> Course Code: 39962615 Duration: 20 Minutes</p> <p>Learning Path: Supporting Health Professionals in Advance Care Planning</p>	<p>Mandatory:</p> <ul style="list-style-type: none"> • Medical Staff • All RNs • EEN Palliative Approach Coordinators <p>Recommended:</p> <ul style="list-style-type: none"> • EENs and ENs 	<ul style="list-style-type: none"> • Recognise people's perception about what is bad news can differ when communicating with patient and/or their families/carers • Implement strategies when delivering bad news that assist the patients and/or their families/carers understanding and adjustment.
<p><u>SHAPE End of Life Conversations</u> Course Code: 88619342 Duration: Half day face to face workshop</p> <p>Learning Path: Supporting Health Professionals in Advance Care Planning</p>	<p>Mandatory:</p> <ul style="list-style-type: none"> • Medical Staff • All RNs • EEN Palliative Approach Coordinators <p>Recommended:</p> <ul style="list-style-type: none"> • EENs and ENs 	<ul style="list-style-type: none"> • To identify the benefits and opportunities to timely initiation of end of life conversations for patients, family carers and the health system • To recognise barriers, challenges and cultural aspects of initiating conversations about deteriorating prognosis and end of life issues • To apply the relevant ethical, legal and professional frameworks that guide work in this area • To demonstrate knowledge, skills and confidence in having these conversations with patients, families and carers in a range of clinical
<p><u>PCOC (Palliative Care Outcomes Collaboration) Essentials</u> Course Code: 192903942 Duration: 35-45 Minutes</p>	<p>Recommended:</p> <ul style="list-style-type: none"> • Medical Staff • All RNs • EEN Palliative Approach Coordinators 	<p>Clinician stream:</p> <ul style="list-style-type: none"> • To learn how to assess a palliative care patient using the five PCOC assessment tools, including: <ul style="list-style-type: none"> - to use the assessment tools correctly and consistently: - to use the tools at appropriate time intervals - to ask questions in the right way when using the tools to obtain the assessment scores - to take appropriate action based on scores to plan the patient's and the family/carer's care - to communicate patient and family/carer needs throughout the patient journey using the PCOC assessment tools - to use the tools at triage, on admission, daily or at contact, at handover, and when documenting, escalating and referring. <p>Manager stream:</p> <ul style="list-style-type: none"> • To learn how to implement, embed and sustain PCOC into routine practice, including: <ul style="list-style-type: none"> - to recognise the value of PCOC and how it is used within a continuous quality improvement framework - to engage leaders, managers and clinicians in the PCOC program - to develop a plan for implementing, embedding and sustaining PCOC into routine practice - to incorporate the PCOC assessment and outcomes framework into standard policies, procedures and processes - to check enabling factors are in place every six months
<p><u>Verification of Death</u> Course Code: 98564783 Duration: 30 mins</p>	<p>Mandatory:</p> <ul style="list-style-type: none"> • Medical Staff • All RNs <p>Recommended:</p> <ul style="list-style-type: none"> • EEN Palliative Approach Coordinators 	<ul style="list-style-type: none"> • Describe the overall process for verifying death • Identify the circumstances when verification of death can be undertaken • Recognise cases that need to be reported to the Coroner • Verify death using a standard clinical assessment • Complete appropriate documentation to verify or report a death

<p>Managing Death and Death Certification Course Code: 42346789 Duration: 30 Minutes</p>	<p>Mandatory:</p> <ul style="list-style-type: none"> • Medical Staff <p>Recommended:</p> <ul style="list-style-type: none"> • RNs • EEN Palliative Approach Coordinators 	<ul style="list-style-type: none"> • Understand the overall process to follow in a hospital after a death occurs • Know the timeframes, roles and responsibilities for each step of the process • Know when it is possible to issue a Medical Certificate of Cause of Death • Know what steps to follow when a Medical Certificate of Cause of Death cannot be issued • Know how to complete a Medical Certificate of Cause of Death accurately and avoid common mistakes
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PALLIATIVE CARE EDUCATION & TRAINING COLLABORATION – www.palliativecareeducation.com.au	
<ul style="list-style-type: none"> • The Palliative Care Education and Training Collaboration is run by the Queensland University of Technology (QUT), funded by Australian Government Department of Health (DoH), to undertake the national coordination of palliative care education programmes, including the Program of Experience in the Palliative Approach (PEPA), the Palliative Care Curriculum for Undergraduates (PCC4U), and End of Life Law for Clinicians (ELLC) program. 	
TRAINING:	OVERVIEW:
<p>Program of Experience in the Palliative Approach (PEPA) www.pepaeducation.com (see below for more details)</p>	<ul style="list-style-type: none"> • Aims to enhance the capacity of health professionals to deliver a palliative care approach through their participation in either clinical placements in specialist palliative care services or interactive workshops. • PEPA online modules are designed to prepare for and maximise learning during placements and to promote transfer of learning into the workplace.
<p>Palliative Care Curriculum for Undergraduates (PCC4U) www.pcc4u.org (see below for more details)</p>	<ul style="list-style-type: none"> • Aims to encourage the integration of palliative care training within all health undergraduate (nursing, medical and allied health) and relevant post-graduate curricula and further improve the skill and confidence of the generalist workforce to work with people with palliative care needs. • PCC4U online modules provide education to health care students and develop capacity in the health care workforce, providing care for people with life-limiting conditions.
<p>End of Life Law for Clinicians (ELLC) www.palliativecareeducation.com.au</p>	<ul style="list-style-type: none"> • A training program for clinicians and medical students about the law relating to end of life decision-making to address the significant legal knowledge gaps exist amongst doctors involved in these decisions. • ELLC online modules aim to improve clinicians' and students' legal knowledge to enhance their clinical practice and delivery of quality palliative and end-of-life care.

PROGRAM OF EXPERIENCE IN THE PALLIATIVE APPROACH (PEPA) – www.pepaeducation.com	
TRAINING:	OVERVIEW:
<p>PEPA GP Online Learning Modules</p>	<ul style="list-style-type: none"> • Free online learning resource is available to support knowledge and skills of GPs practice for Palliative Care Delivery • Six learning modules, including: Principles of Palliative Care, Communicating with people with life-limiting illnesses, Advance Care Planning, Assessing and Managing Symptoms, Assessing and Managing Pain, and Awareness of Self-Care • More information from PEPA National Manager: pepa@qut.edu.au
<p>PEPA GP Evening Workshops</p>	<ul style="list-style-type: none"> • 2 hour face to face evening workshops for GPs to come together with local Palliative Care experts to discuss case studies to support learning from online modules • Workshop registration: https://pepaeducation.com/upcomingworkshops-and-registration/

PALLIATIVE CARE CURRICULUM FOR UNDERGRADUATES (PCC4U) Online Modules - www.pcc4u.org/

MODULE:	OVERVIEW:	OBJECTIVES:
<p>Core module 1: Principles of palliative care</p>	<p>Principles of palliative care will help develop knowledge and skills needed to provide quality care, across various health care settings, to people with life-limiting illnesses and their families.</p>	<ul style="list-style-type: none"> • Develop an understanding of the social and personal experiences of people with life-limiting illnesses and their families • Analyse the impact historical trends have on community perceptions about death, dying and bereavement in contemporary society • Recognise how own values and beliefs about death and dying affect responses and interactions with people with life-limiting illnesses and their families • Describe the core principles of palliative care
<p>Core module 2: Communicating with people with life-limiting illnesses</p>	<p>Communicating with people with life-limiting illnesses will help develop skills in communicating with people with life-limiting illnesses and their families.</p>	<ul style="list-style-type: none"> • Demonstrate the principles of effective communication when interacting with people with life-limiting illnesses and their families • Identify sources of psychological, social and spiritual support for people with life-limiting illnesses and their families • Recognise how own values and beliefs about death and dying affect personal responses and interactions with people with life-limiting illnesses and their families
<p>Core module 3: Palliative assessment and intervention</p>	<p>Palliative assessment and intervention will help develop the knowledge and skills needed to identify the health needs of people with life-limiting illnesses, and help develop understanding of principles for managing common clinical problems in palliative care.</p>	<ul style="list-style-type: none"> • Describe the epidemiological and clinical features along the illness trajectories of specific life-limiting illnesses • Explain the principles for assessing common symptoms and health problems associated with life-limiting illnesses • Explain the principles for management of common symptoms and health problems associated with life-limiting illnesses
<p>Core module 4: Optimising function in palliative care</p>	<p>Optimising function in palliative care will help develop understanding of how to provide support for people with life-limiting illnesses and their families, in particular, focusing on issues of loss, establishing goals of care, and understanding the effect of caregiving.</p>	<ul style="list-style-type: none"> • Recognise the different responses and emotions of people living with life-limiting illnesses and their families • Discuss strategies for facilitating collaborative decision-making on care goals with people with life-limiting illnesses and their families • Identify interventions that will optimise physical, psychological and social function for people with life-limiting illnesses and their families • Analyse the effect of caregiving on the family networks of people with life-limiting illnesses • Recognise how own values and beliefs about death and dying affect responses and interactions with people with life-limiting illnesses and their families
<p>Focus module 1: Multidisciplinary care</p>	<p>A multidisciplinary approach in palliative care will help develop the skills needed to work effectively within the context of a multidisciplinary team when providing care to people with life-limiting illnesses and their families.</p>	<ul style="list-style-type: none"> • Discuss the key principles and components of an effective multidisciplinary approach in responding to the needs of individuals with life-limiting illnesses • Identify the role of the multidisciplinary team in caring for people with life-limiting illnesses and their families • Analyse the various care contexts and the roles of the multidisciplinary team in caring for people with life-limiting illnesses

Focus module 2: Caring for Aboriginal people with life-limiting conditions	Caring for Aboriginal people with life-limiting conditions will help develop the knowledge and skills needed to provide quality care, across various health care settings, to Aboriginal people with life-limiting illnesses and their families.	<ul style="list-style-type: none"> Identify the practice principles of caring for Aboriginal people with life-limiting illnesses
Focus module 3: Caring for children with life-limiting conditions	Caring for children with life-limiting conditions will help develop the knowledge and skills needed to provide care, across various health care settings, to children with life-limiting conditions and their families.	<ul style="list-style-type: none"> Discuss the key principles associated with caring for children with life-limiting conditions and their families Describe the process of assessment and management of children with a life-limiting illness and their families, through an interdisciplinary approach to care Identify strategies to facilitate coordination of care for children with a life-limiting condition, their families and their communities
Focus module 4: Culture-centred care of people with life-limiting conditions	Culture-centred care of people with life-limiting conditions will provide an opportunity to develop knowledge and skills associated with providing culturally appropriate care for people with life-limiting conditions.	<ul style="list-style-type: none"> Understand the role of culture in contributing to individual's experiences of living with a life-limiting condition Apply principles of culturally centred care when caring for people with life-limiting conditions.

END OF LIFE ESSENTIAL EDUCATION FOR ACUTE HOSPITAL Online Education Modules - www.endoflifeessentials.com.au/tabid/5264/Default.aspx

MODULE:	OVERVIEW:
Module 1: Dying, A Normal Part of Life	<ul style="list-style-type: none"> Learn about the opportunities and challenges in managing end-of-life care in acute care hospitals Learn about the importance of conversations Learn about recognising the patterns of common illnesses and why this matters in end-of-life care Reflect and identify own skills in end-of-life care and how to improve them
Module 2: Patient-centred communication and shared decision-making	<ul style="list-style-type: none"> Learn more about own strengths and learning points in having end-of-life conversations with patients, including identification areas of communication on which to develop and grow. Watch, learn and then practice how to increase the effectiveness of your communication across a wide range of common end-of-life scenarios
Module 3: Recognising the End of Life	<ul style="list-style-type: none"> Learn about use of tools and triggers to recognise the end of life Learn about telling the truth with kindness, understanding uncertainties of prognostication, and realising the opportunities of end-of-life conversations
Module 4: Planning End-of-Life Care - Goals of Care	<ul style="list-style-type: none"> Learn about the importance of goals of care in acute care hospitals Learn about the importance of negotiating goals of care with patients & families, and why this matters in end-of-life care Manage conflict or emotions are common in end-of-life conversations
Module 5: Teams and Continuity for the Patient	<ul style="list-style-type: none"> Learn about opportunities in managing end-of-life care in acute care hospitals Learn about the importance of team in strengthening end-of-life care
Module 6: Responding to Concerns	<ul style="list-style-type: none"> Learn about how to respond when patient care isn't progressing as expected

See [CARESEARCH EDUCATION](http://www.caresearch.com.au/caresearch/tabid/3876/Default.aspx) for an up to date list of educational and learning options to assist the health workers to provide care to people who are dying
<https://www.caresearch.com.au/caresearch/tabid/3876/Default.aspx>